

Calling your Elected Officials Tips and Instructions

- Be Respectful.
- Raise only one issue per phone call/email.
- If you're emailing, make sure the message is personal and not a chain email.
- Emailing local elected officials may be easier for them to manage. Simply ask their preferred method of contact.
- Calling Federal Delegation and the Governor is effective. They have staff whose responsibility it is to answer the phone and talk to constituents.
- Make sure to communicate that you are a constituent. Provide your name and address. Sometimes only your zip code is needed.
- Compliment your elected official for things they do that you support and appreciate.
- Communicate with your elected official in the way that is most comfortable for you.
- Place this in a handy spot for easy use.
- Become familiar with current events and the position of your elected official.

Sample Phone Conversation:

Staffer: "Thank you for calling _____'s Office."

Concerned Resident: Hello. My name is _____ and I am a constituent of _____. I am calling because [INSERT REASON HERE]. I would like to communicate to _____ that that is my perspective and I would like him/her to represent me on that issue. [Note: If possible suggest alternative suggestions to the situation]

Staffer: Thank you for calling. I will pass along your comments to _____.

Concerned Resident: You're welcome. Have a good day.

Name	Email	Phone Number
US Senator		
US Senator		
US Congressperson		
Governor		
Representative		
Senator		
Mayor		